

root31^{leaf}

café & eatery

Pittsford Plaza

Menu

**BREAKFAST,
LUNCH &
DINNER**

Locally Sourced Goodness

Welcome to Root31, where your meal is served fast and guaranteed fresh. Enjoy a wide range of wholesome offerings made with ingredients locally sourced from here in Western New York.

*Pick-Up, Deliveries
Curbside & Catering*

Open Daily

Pittsford Plaza

3349 Monroe Ave.
Rochester, NY 14618
585-383-5660

NEW

Eastview Mall

Food Court
Victor, NY 14564
585-223-7280

BREAKFAST

Served Monday - Friday till 11:00 am and Saturday & Sunday till 1:00 pm

Croissant 3.00

Regular or chocolate

Bagel 2.80

Plain • Everything • Cinnamon Raisin • Sesame

Add cream cheese +1.00

Egg Sandwiches 6.00

Made with Finger Lakes Farms eggs

Scrambled eggs, egg white available +1.00

Add cheese +1.50 • Add meat +2.00

Choice of bread

Brioche • White • Multi-Grain • Rye • Ciabatta • Bagel

Add cheese + 1.50

Cheddar • American • Swiss • Mozzarella • Pepper Jack

Add meat + 2.00

Ham • Pork Sausage • Turkey Sausage • Bacon

Avocado and Egg 11.50

Avocado on toasted bread with fried egg

BREAKFAST WRAPS

Veggie (V) 9.90

Scrambled Eggs with zucchini, peppers, onions, spinach, quinoa, choice of cheese

Chorizo 10.50

Scrambled Eggs with chorizo sausage, onions, peppers, manchego cheese

Bacon and Asparagus 10.50

Scrambled Eggs with bacon, cheddar, asparagus

Sausage and Feta 10.50

Scrambled Eggs with pork sausage, feta cheese, spinach, scallions

BRUNCH

Every Saturday and Sunday from 9 am to 1:00 pm

(V) Vegetarian (Ve) Vegan

SALADS

Dressings: Ranch • Blue Cheese • Balsamic • Poppy Seed • Thousand Island
Vinaigrette • Caesar • Fat Free Raspberry Vinaigrette • Lemon Vinaigrette

House and Home (Ve) 9.90

Chef blend greens, cucumber, carrot, grape tomatoes, fresh berries,
in-season fresh green veggies, croutons

Root31 Caesar 9.90

Romaine, croutons, shaved fresh hard cheese,
tossed in house Caesar dressing

Daily Compost Pile (Ve) 11.90

There is no garbage on this plate! House-blend greens, carrots,
tomatoes, cucumber, assorted roasted vegetables, brown rice & quinoa salad

Traditional Cobb 13.90

Chopped romaine, grilled chicken, egg, avocado, blue cheese,
bacon, tomato, carrot, red onion

Beets and Sweets (V) 12.90

Roasted beets, sweet potato, goat cheese, quinoa salad, spinach,
craisins, almonds tossed with lemon vinaigrette

Harvest Salad (Ve) 11.90

Mixed greens, julienne apple, shaved fennel, dried cranberries,
tossed with a cider vinaigrette

Add chicken breast, tuna salad or chicken salad + 3.50

Add grilled steak + 4.50

Add grilled salmon + 6.00

TO SHARE (or not!)

Smoked Salmon on Flat Bread 13.50

With capers, red onions, tomato, shaved eggs, tzatziki

Flight 31 (V) 15.80

3 flights: homemade hummus, guacamole and tzatziki,
served with Naan bread, celery, carrots

Cyprus Hummus (Ve) 8.60

Served with Naan bread, celery, carrots

SOUP

Soup of the Day Cup or Bowl

WRAPS

Available on: white • wheat • tomato basil • spinach • corn jalapeño
Substitute a gluten-free tortilla + 1.00

Available on sandwich breads: white • multi-grain • rye • brioche roll • ciabatta

Vermont Turkey 12.50

Apple raisin chutney, sharp Vermont cheddar, turkey, mixed greens

Veggie (V) 11.90

Romaine, spinach, carrots, tomato, cucumber, avocado, portobello mushroom, mozzarella cheese with balsamic dressing

Turkey Mango 12.50

Turkey, mango chutney, spinach, bell pepper

Thai Tofu (Ve) 11.90

Tofu, spinach, cucumbers, carrot, cilantro, basil, peanut sauce

Chicken Breast 12.50

Herb marinated or blackened, with arugula, tomato, fresh mozzarella, basil mayo

Chicken Caesar 11.90

Herb marinated or blackened, with romaine, parmigiano reggiano, croutons

Chicken or Tuna Salad 12.50

With lettuce, tomato, field greens, sprouts. *Add* cheese + 1.00

SANDWICHES

Served on your choice of: white • multi-grain • rye • brioche roll • ciabatta
Includes: chips and pickle

Grilled Cheese 9.90

Tomato, double bacon with cheddar, American, Swiss or provolone

Reuben 12.50

Corned beef, pastrami with sauerkraut, Swiss cheese, Russian dressing on rye bread

Vegetarian (V) 12.00

With zucchini, yellow squash, peppers, fresh mozzarella, tomato, onions, spinach, balsamic glaze

Roasted Turkey 12.80

With bacon, avocado, Pepper Jack cheese, arugula, peppadew aioli

BBQ Chicken Breast 11.90

Herb marinated or blackened with provolone, bacon, BBQ sauce, lettuce, tomato

Mediterranean Flat Bread (V) 11.90

Hummus, artichoke, spinach, tomato, Manchego cheese, balsamic glaze

Grilled Salmon on Brioche Roll 14.50

With lettuce, tomato, coleslaw, bacon, basil mayonnaise

Cuban 11.90

Pulled pork, Swiss, ham, pickle, dijon honey served on a hoagie roll

*All chicken is no antibiotics or steroids

QUESADILLAS & BURRITOS

Served with: sour cream, pico de gallo, lettuce on your choice of white, wheat, tomato basil, spinach, corn jalapeño tortilla
Substitute a gluten-free tortilla +1.00

Three-Cheese Quesadilla (V) 9.50
Manchego, cheddar, mozzarella
Add chicken + 1.90

Veggie Quesadilla (V) 10.50
With zucchini, yellow onions, peppers, asparagus, mozzarella, provolone

Chicken Quesadilla 10.50
Herb marinated or blackened, with cheddar, black beans, tomato

Veggie Burrito (V) 10.50
Zucchini, squash, peppers, onions, asparagus,
Kalamata olives, rice, beans, cheese, lettuce, tomato, taco sauce

Meat Burrito 10.50
Choice of chicken, steak or pork with rice, beans, cheese,
lettuce, tomato, taco sauce

BURGERS

Served on your choice of: white • multi-grain • rye • brioche roll • ciabatta
Includes: chips and pickle

Root Veggie Burger (V) (GF) 11.20
House-made, gluten-free veggie burger made with lentils,
black beans, and seasonal veggies

R31 Cheeseburger 12.90
With cheddar, American, Swiss, blue or Pepper Jack cheese
and lettuce, tomato. Add bacon + 1.50

Turkey Burger 12.90
Pepper Jack cheese, chipotle ranch sauce, lettuce, tomato

KIDS' MENU (14 & UNDER)

Butternana (V) 7.50
Peanut butter, fresh comb honey, ripe banana in a grilled wheat wrap

Grilled Cheese (V) 7.50
Toasted grilled cheese without crust, choice of cheese

Chicken and Cheese Wrap 7.50
Herb-marinated chicken with lettuce, choice of cheese

Mac and Cheese (V) 7.50
Homestyle macaroni and cheese

Kids' Pizza Flatbread (V) 7.50
Red or white sauce, mozzarella cheese

PIZZA

Personal

R3I Pizza	11.90
Choice of red or white sauce	
<i>Add any meat</i>	+ 3.50
Pepperoni • Sausage • Ham • Bacon • Chorizo	
<i>Add any veggies</i>	+ 3.00
Fresh Tomato • Artichokes • Sweet Peppers • Banana Peppers Kalamata Olives • Onions • Mushrooms • Spinach	

Specialty Pizzas

Margherita Pizza (V)	15.50
Fresh basil, tomato, mozzarella, red sauce	
Garden Harvest (Ve)	15.50
Zucchini, yellow squash, shiitake mushrooms, spinach, grape tomatoes, artichokes, Kalamata olives	
Chef's Style White Pizza	15.50
White sauce, mozzarella, parmigiano reggiano, bacon, capers, onions, arugula topping	
Buffalo Chicken Pizza	15.50
Mozzarella, chicken, hot sauce, crumbly blue cheese	
Mac and Cheese Pizza	15.50
Cheese sauce base, bacon, tomatoes, pasta, cheddar, mozzarella	
BBQ Pizza	15.50
BBQ, breaded chicken and pulled pork, mozzarella, cheddar, tomato	
Chef's Pizza of the Day	15.50
Ask about today's pizza!	
Gluten-free dough available on personal sizes + 3.50	
Grande size available on the same assortment: 19.50	



*Ask about our
beer and wine list
and complement your
meal with a glass of
your choice.*

SMOOTHIES

Given Lemons 7.80

Fresh-squeezed lemon juice, white apple juice, lemon sorbet

Berry Fresh 7.80

Blueberry, raspberry, strawberry

Strawberry Patch 7.80

Strawberries, nonfat vanilla yogurt

Razzed-Up Raspberry 7.80

Raspberry, nonfat vanilla yogurt

Sunny Day 7.80

Ripe fresh banana, strawberry, nonfat vanilla yogurt

Mango Ginger Zip 7.80

Mango, ginger simple syrup, lemon sorbet

Add Protein + 2.00 Add Advocare Energy Powder + 3.00

MILKSHAKE 7.80

Topped with fresh homemade whipped cream

All shakes are made using local Finger Lakes cream
and the top milk from Jersey cows

Flavors: Vanilla Bean • Chocolate • Chocolate Peanut Butter
Raspberry • Fresh Strawberry • Bananas Foster

COLD DRINKS & JUICE

Healthy Juices

Kombucha

Lemonade

FIZ Pop Sodas

Root Beer

Organic Juice

Bottled Water

Fountain Drinks

CBD Drinks

Pellegrino

Teavana

SPECIALTY DRINKS

	16 oz.	20 oz.
Latte	5.50	6.00
Mocha • Vanilla • Caramel • Hazelnut Vanilla Almond • Nutella • Crème Brûlée		
Iced Frappuccino		6.00
Flavors: Coffee • Mocha • Caramel • Chai		

COFFEE

	16 oz.	20 oz.
Freshly Brewed Coffee	2.80	3.20
Evening Star Coffee from Avon, NY		
Add a flavor shot	1.00	1.00
<i>Vanilla • Caramel • Chocolate • White Chocolate Hazelnut • Almond • Coconut</i>		
Steamer	3.80	4.30
Steamed milk with flavor shot		
Double Hot Chocolate	4.50	5.40
Black Eye Coffee	3.90	5.00
Cafe Au Lait	4.30	5.00
Cafe Latte	5.00	5.40
Cappuccino	5.00	5.80
Macchiato	5.00	5.40
Cafe Americano	4.50	5.40
Iced Coffee		5.40
Espresso	2.90	
Double Espresso	4.90	
Espresso Shot	2.00	

TEA

	16 oz.	20 oz.
Hot Tea	2.80	3.20
Iced Tea Regular & flavored		3.20
Tea Latte	3.20	3.60
Chai Tea Latte	5.40	6.20



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